

Sergey Tkachenko Attacking Different PNR Coverages as Ball Handler

PNR Frequency:

% of possessions PNR used:

2016-17: 36.7%

2017-18: 37.7%

2018-19: 38.5%

43.9% = Anadolu Efes 43.9% in 2018-19 season (highest)

34.3% = Zalgiris 34.3% (lowest index)

This high frequency means it is essential to expose youth players to PNR concepts.

Playing vs Physical Pressure

Off-hand usage is essential. Who initiates the contact, is there any advantage after this contact?
E.g. if defender initiates contact first, offense can move it out the way.

When it becomes offensive foul:

- Face/ Head Punch
- Elbow Hit
- Push with Forearm

Use straight hand as off-hand to throw it away vs arm bar. "Open the Window"

Individual Handler Options PNR

Jab-Step (off Catch)

Shift/ Float Dribble (dribble, in space)

Hesi Float Forwards (dribble, in space)

In and Out (dribble, in space)

Cross Jab (in transition using drag, to fake reject)

Hip Swivel (no space)

Spin Dribble (cut-off)

Goal = to force the on-ball defender to guard the pick in two movements. Provoking him first to defend a movement made by the ball handler, and then to navigate and guard the screen.

Handler Options Coming off PNR

KOB (Jail)

In-Out



In-out vs medium or shallow drop coverage gives more time to allow big to get to rim, as early pocket pass wouldn't be effective with defender so close.