

## Daniel Sokolovsky Trends in the ACB

### EUROPEAN LEAGUE COMPARISON:

#### ACB (bottom of table +/- 6.95 PPG):

- 1 Player <30 minutes (Shengelia 33 min.)
- 1 Player 29 minutes (Booker)

#### Israeli Winner League (bottom of table +/- 10.14 PPG):

- 16 Players <30 minutes
- 7 Players 29 minutes

#### German BBL (bottom of table +/- 11.55):

- 6 Players <30 minutes
- 9 Players <29 minutes

#### VTB United League (bottom of table +/- 10 PPG):

- 8 Players <30 minutes
- 5 Players <29 minutes

#### Italian Serie A (bottom of table +/- 13.3 PPG)

- 15 Players <30 minutes
- 11 Players <29 minutes

#### French ProA (bottom of table +/- 8.63 PPG)

- 13 Players <30 minutes
- 10 Players <29 minutes

Most competitive league by a long way in Europe. Teams at the bottom lose by an average of 6.95 ppg, which is 2/3 possession games.

Additionally, minutes are shared a lot more evenly vs all the other top domestic leagues which tends to see "star" players receive 30+ minutes. This allows for greater intensity on both ends of the floor.

### DEFINING PILLARS OF THE LEAGUE (WHAT MAKES IT SO GOOD?):

#### -INTENSITY/EFFORT LEVEL ON BOTH ENDS OF THE BALL

-MULTIPLE EFFORTS DEFENSIVELY

-SPRINTING ALL CUTS OFFENSIVELY

#### -TALENT (SOME OF THE SMARTEST AND MOST SKILLED PLAYERS IN THE WORLD)

#### -INNOVATION (COACHING)

-SOME OF THE MORE CREATIVE OFFENSIVE AND DEFENSIVE CONCEPTS IN EUROPE HAVE ORIGINATED IN SPANISH BASKETBALL OVER THE LAST SEVERAL SEASONS

-NOT AFRAID TO BE DIFFERENT/UNCONVENTIONAL/ADAPTIVE (Sito Alonso - Murcia)

DEFENSE:

- A COMMITMENT TO FORCING JUST ONE MORE DECISION/PASS/
- TRULY "CONTINUOUS" (TONY BENNETT)
- WHAT MOVES FASTEST?
  - A COMMITMENT TO DELAYING PASSES
  - CONTINUOUS
    - Relentless and multiple efforts to not concede an uncontested shot
  - INTELLIGENT
    - Highly anticipatory defense with elite level of communication
  - CREATIVE
    - "Don't show the offense the same answer to the same question every time" - Moncho Fernandez
  - AGGRESSIVE
    - Attacking the ball handler and the line of the pass

Working the ball handler trying to turn in the full court. Very rarely just pick up at half-court.