

Boris Balibrea Hedge PNR

- On a hedge, must go over every single time as it makes ball handler less comfortable to make a pass.
- Shoulder first to get over. Press the ball heavily (take a hostage) while protecting against the reject.
- Shift to protect the reject and invite the PNR. Then take a hostage to anticipate and avoid the screen.
- Drill = 2v1, screener holds medicine ball. Protect against reject, get shoulder in and attempt to avoid contact.
- Prefers going over because it means pressing the ball everytime. Even if they are a non-shooter, makes it harder for them to pass.
- Hedging big must have right hand in the pocket as they hedge to try and get a hand on an attempted pocket pass.
- When hedging defender recovers, recover on line of passing lane with two hands up to deny.
- Softer hedge if it looks like on-ball defender is able to contain ball handler off pick.
- Nail help critical to try and take away pass to roller, but still on the passing lane in line with their check. Therefore all 3 players in an open stance during the hedge.
- On two person front-side, low man takes the roller. On single person front-side, low man from weakside two side also takes roll.
- As soon as ball handler breaks the "hedge line" last defender (low man taking the roll) must start recovering to his man in the corner. New last defender would be from the single side.
- Another solution is to go into a 2v3 zone after a hedge on a PNR. "Yellow" means after hedge the big sprints to the middle and we sit in a 2-3.
- Vs short roll, use a "high last" with high man on two side covering short roll OR peel hedge to corner and send corner to cover short roll.
- The moment the ball is stopped is the moment to start recovering with the hedge. This can be stopped through the guard getting over and avoiding the screen. If they do this, short hedge and recover. If contact is not avoided, big man needs to stop the ball. As soon as this is re-routed, they can start to recover to their check. Spend as much time to make the ball handler go back: cannot go lateral and certainly cannot go forward.