

Andrej Lemanis Small Group Call

Majority of first few days taking over the NT was understanding the relationship piece. Relationship pyramid:

Grunt = first stage of relationship (e.g. waving at neighbour opposite the road)

Stuff = talking about the weather

Others = less superficial

Feelings = E.g. am I ready for the national team?

First activity would rate each other on the pyramid and where they felt they sat with teammates. They would share their ratings with each other, and an action would be to talk more with players in the grunt or stuff stage.

Don't force players to room with each other if not comfortable.

Flow = lead post and reversal post.

On DHO pin, one cutter to basket one to the ball. Player coming off the pin has right of way.

D'Antoni - let Rockets play 5 on 0, "don't run anything we run normally." Coaches pretend their not watching but really they are. Players can come up with awesome stuff.

Luc Longley = "In jazz music, let the space between the notes play out before we start to play next note. Allow the part in-front of you to develop." = SLOW DOWN

Get stats behind style of play framework when you introduce to your team. E.g. teams that get to the bonus first win, shooting more threes etc.

The offense then comes separately to this. What framework will we use offensively to meet the above?

"I'm not saying you can't make this shot. But what is best for the team is giving this up to take a better shot PPP which gives us more of an opportunity to win."

Develops and guys become self-aware and put their hand up when taking a shot that falls outside the framework.

Film session, Delledova raised a shot taken by another player. Team agreed it was a good shot for that player, but not for anyone else (probably a light contest on Mills).

Majority of times on flow its player reactions and players huddling up and talking about what to run.

Skill acquisition learning 5 on 0 offense.