

**Aaron Fearne
Tagging Up**

<https://www.youtube.com/watch?v=rqXlwl6Lapc&t=1281s>

- Tagging Up is was devised by Australian Coach, Aaron Fearne, coaching in NCAA D1. The concept is essentially sending all 5 players to the offensive glass.
- Gets extra possessions, easy fouls etc.
- Don't want recklessness and people running by people. Want players to be there on the rebound to slow down opposition transition offense so they can't quickly advance down the floor.
- Rule 1 = take predictable shots
- Rule 2 = must be on the front foot and attack glass (especially on weakside)
- Rule 3 = get on the high side (scrumping your defender into the paint). On the sideline, this would mean pinning them to the corner. In the smile, this would mean moving under the backboard.
- Rule 4 = whoever defends you when the shot goes up is your match-up on D trans.

Transition concepts:

Ball pick-up = must contain the ball

On and up the line = take away any sideline kick ahead passes (deny)

Plugger spot = (support) one spot away from ball helping contain presentation. Deep enough to contain handler.

Manage your match-up - cannot allow them to run behind you

Must contain ball and slow it down - don't worry about 'working the ball' and turning them 3 times before the half-court.

Deep safety = basket protector

"Toes on the baseline" = slow down inbounder with high hands

Force inbound pass as deep to the baseline as possible

Plugger can be really deep.

Off inbound, sprint to FT line as plugger. Manage space if player you're guarding advances up the floor

Tip = to get defender to box you out take one or two steps towards baseline which creates room to get on the high side

Not going to go out of position to try and come up with an offensive rebound

If we do not get the offensive rebound but sprint to get back

Can trail trap or opt to go to plugger if player you're guarding is deep behind ball

Perimeter players must fan out (sprint out) on offensive rebound. Get easy kick out and shot or can run a post reaction.

No hands on back while tagging. Don't give refs an opportunity to call it!

How can you be deceptive tagging up off FTs? Aaron doesn't like going under but I think sometimes this can be effective.

Drills:

Circle 5v5. Stand next to your match-up. Colour is team that receives ball. If ball stays in its live, if it goes out guard as an inbounds

2v2 Rebounding. Change locations to practice rebounding from all sides, shot from weakside help to box out etc

Script actions. E.g Diamond into ghost screen to empty corner, blitz, pass to screener, rotate and shot.